

WYCOMBE ABBEY SCHOOL HONG KONG 香港威雅學校

WASHK EXTRA-CURRICULAR ACTIVITIES

TERM I 2025-2026

Version: 25 June 2025



KEY DATES

Term I Monday 23rd June Brochure Published Wednesday 25th June Enrolment opens Friday 4th July Enrolment closes Monday Ist September ECAs begin Wednesday 10th December ECAs end

Students admitted to the school during the summer holiday or mid-term will be contacted directly with enrolment details.

WELCOME **MESSAGES**



Mr. Rob Fox

Headmaster, Wycombe Abbey School Hong Kong

Welcome to our ECA brochure. Our award-winning ECA programme is an integral part of holistic education at Wycombe Abbey School Hong Kong. By taking part in our rich and varied programme pupils will develop key personal skills including creativity, communication, collaboration and leadership as well as the more specific skills relating to each activity. In addition to this, all ECAs will provide pupils with the opportunity to take part in a showcase including competitions, exhibitions and performances in assemblies, concerts and community days. Whether they choose to enrich their interest in academic subjects, dip into the world of the Creative and Performing Arts or take on new challenges through our bespoke iSTEAM and Entrepreneurship activities, our ECA programme allows pupils to further develop their existing talents as well as discover new passions.



Mr. Matthew Haslam

Assistant Head (Co-curricular), Wycombe Abbey School Hong Kong

It is my pleasure to share with you this brochure that provides detailed information about our extra-curricular programme for Term I. Inside, you'll find key details such as schedules, venues and costs, as well as the unique ways each activity supports our school values. Beyond logistics, we highlight the transferable skills and core knowledge students will gain, helping them grow both personally and academically. You'll also discover how students will showcase their progress - whether through exhibition matches, assembly presentations, or open sessions where parents are warmly invited to attend. We encourage families to explore these opportunities together, fostering a collaborative selection process that inspires students to follow their passions, explore new interests, and embrace challenges with confidence. For any queries or questions, the ECA Team and I will be happy to help out.

ENROLMENT

Students should enrol in an ECA for each school day. If opting out on any day due to a selfarranged activities or elite team training, parents should submit a written request to the Deputy Head for approval. (Ms. Feifei Yang: feifei.yang@was.edu.hk)

Before Enrolment

- A list of the ECAs on offer is published in this brochure. It is available via email and on the school website.
- Parents are encouraged to discuss with their child which activities they wish to participate in.
- Consider whether your child has been invited to join any team sports or 'invitation-only' activities. You will have received an email inviting your child to join these types of activities. If you received no such email, please do not sign up for them. There are, however, 'Open' activities which are available for anyone to enrol in, including beginners.
- When enrolling, please also consider your child's experience level some activities have 'beginner' or 'advanced' levels, or 'Level 1, 2 or 3'.
- 'Core Sports' sessions take place for two year groups each day, which students in those year groups should enrol in, unless exemption from the Deputy Head is agreed. Parents should not select other ECAs on the days of core sports.

Enrolment Process

- Enrolment opens on Wednesday 25th June and closes on Friday 4th July.
- Due to class size limitations, students must submit **first** and **second** preferences.
- First preferences are no guarantee. Places are allocated on a first-come, first-served basis. If the first choice is full, the second will be allocated, and the student placed on a priority waitlist for the next term.
- Prior to Term I beginning, an enrolment confirmation will be sent to parents via email.
- The ECA Team can assist with any queries or issues (eca@was.edu.hk).

Fee payment

- External ECA providers require a fee payment for enrolment. Their company name is provided in this brochure for reference.
- WASHK does not typically manage payments; all transactions are between parents and providers. However for a small number of activities which require a bus to an external venue, the payment is facilitated through school. Please see individual activities for this information.
- Please do not pay the external provider until they contact you, as in some cases, the activity could be cancelled. Once the WASHK ECA Team confirm with the provider that their activity is running, they will then contact you to arrange the fee payment.
- Fees are charged *per student*, *per session*. Students joining the school mid-way through the term are charged *pro-rata*.
- Refunds are not issued for absences due to illness or family holidays. For mid-term withdrawals, parents should contact the provider directly. WASHK will then allocate the student to their second preference or an alternative activity.

CORE SPORTS

In the 2025-26 academic year, our core sports programme is extended to all year groups. This follows very positive feedback from its implementation with Y5-6 and Y7-8 in the 2024-25 school year. The programme is designed to not only support students' physical and sporting development, but also to act as a platform for team games and matches. Y1-2 and Y3-4 will take part in core sports at school, using our facilities. Y5-6 and Y7-8 will take a bus to external venues. Equipment lists and dismissal arrangements will be sent prior to the start of the core sport programme. When selecting ECAs, please keep in mind the core sports days.

Core Sports	YI-2	Y3-4	Y5-6	Y7-8
Monday	Balancing; Running & Jumping			
Tuesday		Touch Rugby; Basketball		
Wednesday				
Thursday			Hockey; Basketball (TBC)	
Friday				Football; Rugby / Netball

STUDY SUPPORT

Homework Club

Year groups: YI-8

Homework Club is held every day, led by a different teacher who supervises independent study time. This club is ideal for students who complete their homework well in an academic environment, and with the assistance of teachers nearby. Students who attend a self-arranged activity after school can also benefit from this time to complete their school homework.



BE Education Tutors

BE Education offer bespoke tuition and exam preparation services for students after school. These learning sessions have helped many students achieve fantastic results in their study abroad journeys. For more information, please get in touch with the BE Education team at <u>hk@be.co</u>



		YI Y2	Y 3	¥4	¥5	¥6	¥7	Y 8
ę	Bouldering (Off site dismissal)				~	~	~	~
entur	Hockey					~	~	~
Adv	Pickleball (Off site dismissal)		~	~	~	~	~	~
Sport & Adventure	Rugby]	~	~	~	~	~	~
2 2	Taekwon-Do (Senior)		~	~	~	~	~	~
	Chinese Support Zone (Senior)				~	~	~	~
	Common Entrance #					~		
y H	Debate (Advanced) #	с				1	~	~
Academic Enrichment	EAL Club - English Language Booster (Senior) #	O R					~	~
nic Er	EAL Club - Maths Language Booster #	E	~	~	~			
caden	Entrepreneur Programme	1				1	~	~
∢	Homework Club	S P	~	~	~	1	~	~
	KS3 Science Challenges						~	~
	Science Adventures (Senior)	R		>	~	~		
ts.	Clay Creations Club	т	<	>	>	~		
Creative & Performing Arts	Face Painting	S	<	>	>	1		
Creat	Lego Stop-Motion Movie Making		>	>	>	~	~	~
Pe	String Ensemble #		<	>	>	~	~	~
~	BioChem Explorer		<	>	>	~		
iSTEAM	TLC Kids Creative Computing (Senior)			>	>	1		
	TLC Kids Engineering (Level 2)			>	>	1		
Well-being & Service	Peer Ambassadors #				>	~		
Well- & Sei	The Golden Hearts Club		~	>	~	~	~	~
	# means 'Invitation-only'							



		YI	¥2	¥3	Y 4	¥5	¥6	¥7	Y 8
	Netball (Team) (17:00 dismissal at school) #			*	*	~	~	~	1
e.	Badminton (Senior)					~	~	~	1
entur	Indoor Wall Climbing (Senior)					~	~	~	~
k Adv	Mini Movers	~	~						
Sport & Adventure	Rowing (Off site dismissal at 18:00)							>	~
ר א	Running					~	>	>	~
	Taekwon-Do (Junior)	~	~						
	Battle of the Books (English) #					~	~		
lent	Chinese Debate			0			~	~	~
Academic Enrichment	EAL Club - Science Language Booster #			C			>	>	~
ic En	Homework Club	~	~		۲ ۲	~	~	~	~
adem	Mahjong				-	~	>	>	
Ac	Speak for Success: Interview Skills & Panel Discussion			S		~	~	~	~
ts	Chinese Arts & Crafts (Senior)					~	~	~	~
Creative & Performing Arts	Choir (Senior)				2	~	~	~	~
form	DesignPlay in English			1	Г	~	~		
& Per	K-Pop and Movement			5	5	~	~	~	~
eative	Lego Model Building	1	~			~	~	~	~
່ບັ	Orff Music Appreciation for Children	1	~						
-	Build Al to Learn Al							~	~
ISTEAM	Creative Storytelling: The Forbidden Forests	~	~						
ŝ	iSTEAM (Senior)					~	~	~	~
Well- being & Service	Yoga					~	~	~	~
	# means 'Invitation-only'								
	* means 'Exemption from Core Sports may b	e pern	nitteo	to at	tend	team	traini	ng'	

WEDNESDAY

		YI	¥2	Y 3	Y 4	¥5	¥6	¥7	Y 8
ture	Badminton (Junior)	~	~	~	~				
dven	Football	~	~	>	~	~	~	1	1
Sport & Adventure	Skateboarding (Levels I & 2)	~	~	>	~	~	~		
Spor	Table Tennis					~	~	~	1
	Debate (Novice)					~	1		
ment	EAL Club - English Creative Writing Booster #			>	~	~			
inrich	EAL Club - English Explorers #		~	>	~				
mic E	Future CEO						~	~	~
Academic Enrichment	Homework Club	1	~	>	~	~	~	~	1
4	The Chess Academy	~	~	>	~	~	~		
	Art Club (Senior)					~	~	~	1
Arts	Ballroom Bees	~	~	>					
rming	Chinese Calligraphy		~	>	~				
Perfo	Drawing and Sketching Club	~	~	>	~	~	~		
Creative & Performing Arts	Guitar / Ukelele Ensemble #	~	~	~	~	~	~	1	1
Creat	Stitch Academy	1	~	>	~	~	~	~	1
	Woodwind & Brass Ensemble #					~	~	~	1
	BioChemAdventurer	~	~						
Σ	Python for Young Leaders						~	~	~
isteam	TLC Kids Engineering (Level 1)	~	~	~					
iS	TLC Kids Robotics					~	~	~	~
	Voyager Space Adventure			~	~	~	~		



		YI	¥2	¥3	Y 4	¥5	¥6	¥7	Y 8
e	Basketball (Team) (Late dismissal, TBC)				1	*	*	1	<
entui	Basketball (Open) (16:15 end)	1	1	1	1				
Sport & Adventure	In-line skating (Levels 1 & 2)	1	1	1	1				
ort 8	Multi-Sports	1	1	~	1			1	<
<u>ч</u>	Tennis	1	1	1	1			1	<
nic ent	Chinese Support Zone (Junior)	1	1	1	1		2		
Academic Enrichment	Homework Club	1	1	1	1		2	1	<
En A	Maths Brain Busters					E		1	1
ing	Art Club (Junior)	1	1	1	1				
Creative & Performing Arts	Choir (Junior)		1	1	1				
& Pe	GarageBand Music Production Workshop						2	1	<
eative	Guzheng		1	1	1) {		
ບັ	Needle & Thread Club	1	1	1	1		ς Γ		
5	BioTechnology 101							1	1
STEAM	iSTEAM (Junior)	1	1	1	1				
<u>8</u>	Creative Computing (Junior)	1	~	1					
Well-being & Service	The Happiness Hub	1	~	~	~				
	# means 'Invitation-only'		-						
	* means 'Exemption from Core Sports m	ay be p	bermi	tted t	o atte	end te	am tr	raining	<u>'</u>



Activitie	s run for 1 hour, 15:15 to 16:15 unless otherwise s	tated.							
		YI	¥2	Y3	¥4	Y5	Y 6	¥7	¥8
	Netball (Open)			~	✓	1	1	*	*
e	Gymnastics (Team) (Off site dismissal at 17:30)	1	~	~	✓	✓	~	*	*
Sport & Adventure	Gymnastics (Open) (Off site dismissal at 16:15)	1	1	~	~	1	~		
Adv	Indoor Wall Climbing (Junior)	1	1	~	~				
ort 8	In-line skating (Level 3)	1	<	>	~	>	~		
R م	Skateboarding (Level 3)	1	<	~	~	~	~	0	-
	SNAG Golf	1	~	~	~	~	~	O R E	>
	Battle of the Books (Chinese) #				~	~	~		
Academic	Homework Club	1	~	>	✓	~	1		
Academic Enrichment	Public Speaking				✓	✓	~	s	
	Science Adventures (Junior)	1	~	>					
gui	Chinese Arts & Crafts (Junior)	1	~	>	~				
Creative & Performing Arts	DesignPlay in English (Junior)	1	~	>				F	۲
& Pel Arts	Knit and Knatter			>	~	>	~		г
eative	Stormy Chefs	1	<	<	~	>	~		s
ບັ	Wycombe Youth Theatre - Musical Theatre	1	~	~	~				
iSTEAM	Al and Creative Writing: The Prince of Har			~	~	~			
	# means 'Invitation-only'								
	* means 'Exemption from Core Sports may be	e perm	itted	to at	tend t	eam t	rainin	g'	

MONDAY

SPORTS & ADVENTURE

Bouldering

Year groups: Y5-8

Instructor: Attic V and Mr. Mitchell

Venue: Attic V Climbing Gym, Wong Chuk Hang. Pick Up is from this venue.

Cost: HKD 230 per student per session (plus bus fee added later) (Payment to WASHK)

Values: Confident, Adaptable, Collaborative

Skills: Problem-solving, resilience, determination, endurance, finger strength, arm/shoulder strength, hand-eye coordination. *Knowledge*: Rules of completing a boulder problem, safe use of a climbing gym, how to fall safely, route-reading, names of holds, body-positioning, balance, centre of gravity, using big toe of shoe, hand-matching, foot-swapping, smearing, dynamic movements.

Showcase: Students can showcase their skills in the annual Attic V Bouldering competition.

Bouldering is a form of rock climbing that involves climbing short, yet challenging routes without the use of ropes or harnesses, with safety mats below to cushion falls. Students develop their strength, coordination, and resilience through exciting climbing challenges at Attic V climbing gym in Wong Chuk Hang. Most importantly, they learn to enjoy the process of overcoming and conquering a 'problem'.

Hockey

Year groups: Y6-8 Instructor: WASHK Teacher Values: Responsible, Collaborative, Adaptable Skills: Teamwork, develop agility, speed, decision making and strategic thinking.

Knowledge: Dribbling, passing, receiving, tackling, shooting, rules of the game, defensive and attacking strategies. *Showcase*: Play matches and mini tournaments.

Students will participate in a team sport that emphasises skill, strategy, and physical fitness. Training typically includes drills for dribbling, passing, and shooting, alongside mini-games to foster teamwork and tactical awareness. Players develop essential skills such as ball control and positioning, while gameplay focuses on scoring, defending, and effective communication on the field. Hockey is suitable for beginners or intermediate players.

Pickleball

Year groups: Y3-8 Provider: Asia Aces Pickleball Academy Venue: Wong Chuk Hang. **Pick Up is from this venue.** Cost: HKD 200 per student per session (plus bus fee added later) (Payment to WASHK) Values: Adaptable, Responsible, Collaborative Skills: Hand-eye, strategic thinking, resilience & growth mindset, teamwork, respect & sportsmanship. Knowledge: Health & fitness concepts, game rules & scoring, court awareness, physics in motion and shot techniques. Showcase: Exhibition matches and presenting in assembly.

Pickleball is a dynamic paddle sport that combines elements of tennis, badminton, and table tennis. Played on a smaller court with a perforated plastic ball, it emphasises quick reflexes, strategic shot placement, and teamwork. Suitable for all ages, it fosters physical fitness, hand-eye coordination, and social interaction in a fun, fast-paced environment.

Rugby

Year groups: Y3-8 Provider: HKU Sandy Bay RFC Cost: HKD 300 per student per session Values: Collaborative, Confident, Adaptable Skills: Teamwork, hand eye coordination, strength & speed, strategy, discipline, communication, problem solving. Knowledge: Rules of the game, passing, kicking, safe play, scoring, agility, endurance. Showcase: Exhibition match, skills competitions.

HKU Sandy Bay Rugby believes that enduring both successes and failures through sport, effectively builds confidence, resilience, teamwork, etiquette and leadership, and a strong sense of community and belonging. Both boys and girls are welcome to experience rugby in a fun play based setting to build knowledge and respect of the game in an inclusive and collaborative environment with professional player coaches.





Taekwondo (Senior)

Year groups: Y3-8 Provider: Island Academy Cost: HKD 245 per student per session Values: Confident, Adaptable, Independent Skills: The 'Taekwondo spirit': courtesy, integrity, perseverance, self-control and indomitable spirit. Knowledge: Basic martial art skill (Kicking, hand technique, sparring), pattern for future belt grading test. Showcase: School community days and external taekwondo competitions, seminar, and grading tests.

Unlike other typical sports, martial art such as taekwondo teaching is more than just hard skill development. It is also an education course of traditional culture and virtue. Through our martial art training, patter lesson, sparring practice and self-defence course, students have to present the taekwondo spirit. Therefore, taekwondo is definitely a valuable and comprehensive sport that suitable your students to participate.

ACADEMIC ENRICHMENT

Chinese Support Zone (Senior)

Year groups: Y5-8 (Non-native and near-native students) Instructor: Mr. Lu

Values: Confident, Independent, Adaptable

Skills: Basic Chinese communication, independent learning skills.

Knowledge: Reading, writing, comprehension.



Showcase: Digital scrapbooks on Padlet, including video clips of progress (e.g., first-day vs. final recording); photos of completed tasks; "I Can" checklist.

This ECA is your friendly Chinese support zone! Through engaging games, interactive activities, and small-group coaching, we'll help you master essential vocabulary, sentence patterns, and daily conversation skills. Track your progress, build your confidence and improve your Chinese with encouraging checklists in our positive, low-pressure environment!





Showcase: Greater confidence in their 11+ or Common Entrance exams.

This is an invitation-only ECA where students will prepare for the 11+ entrance exams, which are required for selective independent schools to gauge their suitability based on their academic ability. Each week, students will study a particular aspect of the exam from English - spelling, punctuation and grammar, maths, verbal reasoning and non-verbal reasoning. They will participate in trial questions as well as attempt past papers to help them understand how to tackle problems. They will also undertake weekly compulsory homework, based on the aspect being studied.

Debate (Advanced)

Year groups: Y6-8 (Invitation Only)
Provider: Ms. Rae and Seechange Education
Cost: HKD 380 per student per session
Values: Collaborative, Confident, Responsible
Skills: Decision-making, research, ability to argue your point and quickly form rebuttals.
Knowledge: Rules of a fair debate, preparation stages, knowledge about the topic.
Showcase: Joining competitions locally with other school.



The Debate ECA has 2 streams: Novice and Advanced.

The Advanced Debate team is 'invitation-only'. It guides students to strengthen their argumentation, structure, and speaking confidence. Through narrative building, rebuttal techniques, and impact analysis, learners deepen their critical thinking while working closely with peers. This supportive environment equips students to express themselves more clearly and persuasively in debates, and in life.



EAL Club - English Language Booster

Year groups: Y7-8 (Invitation Only) Instructor: Mrs Treasure Values: Confident, Independent, Responsible Skills: Reading strategies for better comprehension Knowledge: Reading comprehension Showcase: Greater exam confidence and hopefully better results.

We invite Year 7 and 8 EAL students to join our exclusive reading club! This invitation-only group is designed to enhance reading strategies and improve overall comprehension. Through engaging activities, discussions, and collaborative learning, participants will explore a variety of texts that reflect diverse genres and perspectives. Our small-group environment will develop confidence and foster a love for reading in English.



EAL Club - Maths Language Booster

Year groups: Y3-5 (Invitation Only) Instructor: Ms. Van Strijp Values: Confident, Independent Intellectually curious Skills: Language acquisition, communication, problem solving, collaboration.

Knowledge: Mathematical vocabulary, word meanings in context, question interpretation.

Showcase: Students will invite parents and guardians to come in to view their 'Maths Museum' that they will work on making over the term.

In this ECA, EAL (English as an Additional Language) students will gain exposure to and begin mastering the mathematical vocabulary required to access and make progress in the Key Stage 2 Maths Curriculum. Through engaging, interactive sessions, students will build a strong foundation in the language of Maths, enabling them to participate more confidently in lessons and develop a deeper understanding of mathematical concepts.

Entrepreneur Programme

Year groups: Y6-8 *Instructor*: Mr. Haslam *Values*: Collaborative, Confident, Responsible *Skills*: Decision-making, communication, business acumen *Knowledge*: Financial literacy, product sourcing, marketing and sales *Showcase*: Selling products or providing services to the whole school community.

This programme is open to all Y6-8 students eager to develop their knowledge of how businesses are run through handson experience. Students lead their own sessions under the supervision of the teacher, deciding their own delegated work and priorities. Students are encouraged to take risks and make mistakes as they learn through doing.

KS3 Science Challenges

Year groups: Y7-8 Instructor: Ms. Sood Values: Collaborative, Intellectually curious, Adaptable Skills: Teamwork, practical investigation skills, communication, collaboration. Knowledge: Science beyond the curriculum and in everyday life. Showcase: Tracking and reflecting progress throughout the year.

This ECA can stimulate students' curiosity about science within the KS3 curriculum and beyond the classroom. Go about finding out some questions to 'Why?' - Why is the sky blue? Why are leaves green? Also, you will get to try out some hands-on practical work that we don't do lessons!



Science Adventures (Senior)



Year groups: Y4-6 Provider: ActiveKids Limited Cost: HKD 290 per student per session Values: Collaborative, Confident, Intellectually curious Skills: Critical thinking and problem-solving skills through hands-on experiments. Knowledge: Scientific concepts across disciplines such as physics, chemistry, life science, earth science, space and flight and environmental science. Showcase: Reflection upon completion of the unit.

Science Adventures is an internationally accredited program with over 35 years of experience, introducing children to science in a fun, imaginative way. Emphasising "learn-by-doing," it fosters creativity and curiosity through hands-on experiments and interactive learning. Weekly thematic classes cover various science disciplines, ensuring students take home exciting projects while developing science literacy and environmental awareness.

CREATIVE & PERFORMING ARTS

Clay Creations Club

Year groups: Y3-5 Instructor: Ms. Chin Cost: Single Payment of HKD 50 for clay materials Values: Confident, Independent, Intellectually curious Skills: Creativity, fine motor skills, problem-solving, patience, time management, attention to detail, self-expression, critical thinking, and cultural awareness. Knowledge: Different types of clay, sculpting techniques, glazing processes, firing methods, surface decoration, safety practices, art history, design principles, and project planning. Showcase: Art Show and Community Days

The clay-making class offers students a creative and hands-on experience where they can explore various sculpting techniques using different types of clay. Participants will learn to shape and decorate their creations while developing fine motor skills and artistic expression. The class fosters a collaborative environment, encouraging students to pursue personal projects and share ideas with their peers.



Face Painting

Year groups: Y3-6



Instructor: Ms. Go Cost: Single Payment of HKD 480 for a face painting set. Values: Confident, Adaptable, Independent Skills: creativity, hand-eye coordination, decision making. Knowledge: Basic colour theory, able to work quickly, to engage with their clients Showcase: Participation in Community Day and performances

Students will learn basic painting techniques, explore colourful designs, and express their imagination. Each session includes hands-on practice and personalised instruction, ensuring every child can create their unique masterpiece. They will develop their skills in preparation for any school events such as the Sports Day. Perfect for beginners.

Lego Stop-Motion Movie Making

Year groups: Y3-8 Provider: Island Academy Cost: HKD 245 per student per session Values: Collaborative, Digitally literate, Adaptable Skills: Independent thinking and creativity training Knowledge: Idea brain-storming, story sequencing, storyboarding, set building, photo taking and movie editing Showcase: Publishing a movie at the end of term.

Stop motion (also known as stop action or frame-by-frame) is an animation technique to make a physically manipulated object appear to move on its own. The object is moved in small increments between individually photographed frames, creating the illusion of movement when the series of frames is played as a continuous sequence. Join us to try out this special form of film-making!



String Ensemble

Year groups: Y3-8 Provider: Mrs Softley and Pure Orchestra Cost: HKD 280 per student per session Values: Collaborative, Confident, Responsible Skills: Ensemble collaboration, musical leadership, attentive listening, disciplined practice habits, time management, problem-solving, expressive performance skills and increased self-confidence through public performance. Knowledge: Tuning and instrument care, expressive bowing and fingering techniques, confident sight-reading of orchestral parts, and sensitivity to balance and blend. Showcase: Spring Concert, as well as selected assemblies.

String Ensemble deepens ensemble playing and musical expression. Students will rehearse a diverse repertoire, develop technique, and explore balance, dynamics, and phrasing as a group. With opportunities to perform in concerts, assemblies, and music videos, this ECA nurtures confident performers and celebrates collaborative musicianship. Suitable for pupils with at least three years of experience or working at Grade 3 level and above.

ISTEAM

BioChem Explorer

Year groups: Y3-6 Provider: Big Bang Academy Cost: HKD 300 per student per session Values: Confident, Intellectually curious, Adaptable Skills: Problem-solving, creativity, scientific thinking Knowledge: Organs and systems, chemical reactions, food science Showcase: A show-and-tell with parents where students present mini-pro-

Showcase: A show-and-tell with parents where students present mini-projects, such as visuals or prototypes, to highlight their creativity and problem-solving skills.

Step into the world of health, chemistry, and biology with exciting hands-on experiments! Students will explore the secrets of ingredients, dive into the magic of chemical reactions, and uncover the wonders of the human body through creative models and activities. Get ready to spark curiosity, ignite imagination, and inspire a lifelong love of science!

Creative Computing (Senior)

Year groups: Y4-6 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Collaborative, Digitally literate, Adaptable Skills: Digital literacy, innovation, creative thinking and design skills, problemsolving, critical thinking, adaptability. Knowledge: Image editing, 3D modelling, programming, animation, music creation, simulations, A.I and neural networks, gigital game based learning. Showcase: Coding Jam competition, where parents are invited to come and watch.

This computer skills program equips students with a solid foundation in ICT through exciting theme-based projects such as animation, 3D modelling, music creation, and AI. Students engage with real-world tech trends, develop original ideas, strengthen their problem solving and collaboration skills, and receive access to software so they can continue learning at home - empowering them to thrive in today's digital world.









Engineering (Level 2)

Year groups: Y4-6

Provider: TLC Kids Hong Kong

Cost: HKD 200 per student per session Values: Intellectually curious, Responsible, Confident

Skills: Critical thinking, problem solving, creativity, innovation, teamwork, inquiry based thinking, mathematical application, resilience, adaptability, independent learning.

Knowledge: Engineering principles, scientific method, mathematical concepts, measurement techniques, tool usage, data collection, data analysis, design thinking, experimental recording, result evaluation

Showcase: The art that students create with generative AI will be compiled into a mini art exhibition at the end of the term.

Our hands-on Engineering course uses real-world challenges to teach essential maths and science skills. Through discoverybased learning, students explore concepts, conduct experiments, and learn to adapt their methods. With playful designs and practical investigations, students develop curiosity, confidence, and a positive attitude toward STEM.

WELL-BEING & SERVICE

The Golden Hearts Club

Year groups: Y3-8

Instructor: Ms. Buran

Values: Collaborative, Responsible, Considerate

Skills: Teamwork, empathy, public speaking, project management, and community engagement.

Knowledge: Social issues like poverty and hunger, environmental challenges such as pollution and conservation, and animal welfare.

Showcase: Different service projects such as running food drives, organising fundraisers, or presenting in assemblies.

Students will support causes they care about—helping those in need, protecting animals, and caring for the environment. Through projects like food drives, fundraisers, and awareness campaigns, they'll explore how kindness and action can make a difference. Along the way, they'll grow in empathy, confidence, and leadership while creating positive change in their community.



Peer Ambassadors



Showcase: This would be an ongoing skill and no specific showcase would be chosen, but they could be ushers at school events, help design and lead activities for school events.

In this ECA, selected students in Years 5-6 will develop essential leadership skills through collaborative activities. After an application and interview process, participants will learn to communicate effectively, listen actively, and support their peers. They will engage with different year groups, assist new students, and play a vital role in school events, embodying our values of collaboration, responsibility, and consideration.



TUESDAY

SPORTS & ADVENTURE

Badminton (Senior)

Year groups: Y5-8 Instructor: Reynold Lee Cost: HKD 250 per student per session Values: Collaborative, Confident, Responsible Skills: Improve cardiovascular fitness, muscles strength, flexibility, balance performance, agility and hand-eye-foot coordination of the pupils through badminton training and playing.

Knowledge: Basic Grips (forehand and backhand), strokes (forehand high serve, clear, forehand lift, backhand lift, smash), basic footwork, basic introduction of the law of a single game.

Showcase: Exhibition matches for senior badminton allow students to showcase their skills, techniques, and footwork.

In this badminton ECA, pupils will participate in training drills to learn and practice various skills and techniques. Each session includes game time, allowing pupils to experiment with and apply their skills and techniques. Participants will develop their playing skills and knowledge in preparation for an exhibition match, to which parents will be invited. Suitable for beginners and intermediate players.

Indoor Wall Climbing (Senior)

Year groups: Y5-8 Provider: Attic V Limited Cost: HKD 350 per student per session Values: Confident, Independent, Adaptable Skills: Overcome challenges & fear, improve strength, balance & hand-eye coordination, focus and concentration, help setting and achieving goals, enhancesproblem-solving skills. Knowledge: Necessary safety precaution when climbing, proper falling techniques, displacing the body's centre of mass, route-planning, different climbing techniques including tip toes foot placement, switch feet, smearing, drop knee. Showcase: Students can join the inter-school competition organised by Hong Kong, China Mountaineering and Climbing Union in early 2026.

The program is designed and led by a Former HK climbing team member and the HK Youth Team climbing coach of China Hong Kong Mountaineering and Climbing Union (CHKMCU). This course involves full body conditioning and technique acquisition through rope climbing and bouldering. The kids will learn a variety of skills to improve their climbing; this could cover footwork, body position, dynamic climbing, and the list goes on! Climbing is an excellent sport for children as it is a mental challenge as well as a physical one. It help kids grow and learn far beyond the climbing wall.



Mini Movers

Year groups: YI-2 Instructor: Ms. McGillivray Values: Confident, Adaptable, Responsible



Skills: Coordination, balancing, sharing, following directions, emotional regulation. Knowledge: Movement basics, mini-games, equipment exploration and safety basics. Showcase: Community Day and possibility of open session at the end of term.

This fun, active program introduces young children to fundamental movement skills through playful games, obstacle courses, and simple sports activities. Using soft equipment and age-appropriate drills, kids develop balance, coordination, and social skills like sharing and teamwork. With engaging themes (animal moves, colour games) and plenty of encouragement, little ones build confidence and a love for movement in a safe, joyful environment.



Netball (Team)

Year groups: Y3-8 (Invitation Only) Instructor: Ms. Barlett Values: Collaborative, Confident, Adaptable Skills: Teamwork, adapting to different positions, leadership by supporting teammates. Knowledge: Game rules, tactics and strategies, footwork, situational awareness, coordination, shooting, ball skills. Showcase: An Under-9s and Under-11s tournament that we take part in.

The Netball ECA has 2 streams: Open and Team. The Netball Team train together to compete in tournaments with other schools. Members are invited by the Netball coach and a year-long commitment is expected, as well as availability to join tournaments.

This activity takes place after school (16:15 to 17:00), when there are no school buses available for dismissal. Please arrange for parent pick-up or apply for 'leave school alone' permission cards.

Rowing

Year groups: Y7-8 Provider: Royal Hong Kong Yacht Club (Middle Island) Cost: HKD 330 per student per session (plus bus fee added later) (Payment to WASHK) Values: Responsible, Collaborative, Confident Skills: Teamwork, body coordination, water safety awareness Knowledge: Rowing technique on machines and water, rowing equipment, types of boat, roles and duties.

Showcase: Students will be invited to join RHKYC event, the Inter-Schools Rowing Regatta.

Rowing ECA opens to all levels from beginner and up. All training is led by *British Rowing* and *Rowing Australia* certified coaches. The programme covers everything from learn-to-row curriculum to race essential skills. RHKYC has a strong pathway to university level rowing, rowers will have opportunity to row at advanced level in Sha Tin. Local and overseas races and regattas including: Inter-Schools Rowing Regatta, Youth Rowing Series, Harbour Regatta and many others.

This activity take places 16:00-18:00. Students will take a bus from school with a WASHK duty teacher and will be dismissed from Middle Island at 18:00. Parents must arrange pick up or students must apply for a 'leave school alone' permission card. Information about public transport will be provided too.

Running

Year groups: Y5-8 Instructor: Mr. Mitchell Values: Confident, Adaptable, Independent Skills: Endurance, pacing, resilience, goal setting, developing a training plan. Knowledge: Posture, running on toes, pacing, heart-rate zones, pacing. Showcase: Sports Day, baseline speed trial for 100/200/400 at the start and end of term.

Students of all abilities come together to improve their fitness and enjoy the outdoors! We meet weekly for fun runs, training sessions, and friendly competitions. Students will build their stamina, endurance, set personal goals, and develop a lifelong love for running in a supportive environment.

Taekwondo (Junior)

Year groups: Y1-2 Provider: Island Academy Cost: HKD 245 per student per session Values: Confident, Adaptable, Independent Skills: The 'Taekwondo spirit': Courtesy, Integrity, Perseverance, Self-control and Indomitable Spirit. Knowledge: Basic martial art skill (Kicking, hand technique, sparring), pattern for future belt grading test. Showcase: School Community Days and external Taekwondo competitions, seminar, and grading test.

Unlike other typical sports, martial art such as Taekwondo teaching is more than just hard skill development. It is also an education course of traditional culture and virtue. Through our martial art training, patter lesson, sparring practice and self-defence course, students have to present the Taekwondo spirit. Therefore, Taekwondo is definitely a valuable and comprehensive sport that suitable your students to participate.







ACADEMIC ENRICHMENT



Battle of the Books (English)

Year groups: Y5-6 (Invitation Only) Instructor: Mrs. Gupta Values: Collaborative, Confident, Responsible Skills: Reading comprehension, writing skills, memory retention. Knowledge: New books and appreciation for different literary texts. Showcase: They attend the semi-finals of the competition in May.

Battle of the Books is designed to introduce students to a variety of reading material, build teamwork skills, and ensure that reading is fun. There are 20 books on the reading list and 12 students in a team. Each student can read as many books as they like from the list, to prepare for their trivia based on those books. The Hong Kong Battle of the Books (HKBOB) is a live school-on-school battle to find the book trivia champion school. Last year over 50 schools participated in this exciting battle.

Chinese Debate

Year groups: Y6-8 (Native Speakers) (Invitation Only) Instructor: Ms. Dong Cost: Single Payment of HKD 600 for competition. Values: Collaborative, Confident, Intellectually curious Skills: Critical thinking, public speaking, research skills, teamwork, problem-solving. Knowledge: Techniques to express oneself, how to research, how to improvise and persuasive techniques.

Showcase: Participation in competitions against other schools.

The Chinese Debate Team aims to improve students' ability to express themselves, their critical thinking skills and their interest in debate. Students will learn debate forms, organise arguments, questioning and summarising, and participate in competitions with other schools. The Chinese Debate Team will invite students from Y6-Y8 Native Chinese Speaking Group to participate. The fee is HK\$600 (including transportation and external coaching fees).

中文辩论队旨在提高学生表达能力、思辨能力以及提高对辩论的兴趣。学生将学习辩论形式、组织论点、质询及总结,并参与和其他学校举办的友谊赛。中文辩论队将邀请Y6-Y8中文母语组同学参加。费用六百港币(包括交通费用及校外教练费用)。







EAL Club - Science Language Booster

Year groups: Y6-8 (Invitation Only) Instructor: Ms. Tan Values: Independent, Intellectually curious, Confident Skills: Reading strategies for better comprehension in Science Knowledge: Reading comprehension, science-specific vocabulary Showcase: Greater exam and class confidence and hopefully better test results.

For science lessons, new vocabulary is provided in a knowledge organiser at the start of each new topic. Students are welcome to translate these words into their first language to better understand them and to do extra research at home. However, in homework, classwork, and exams, students are required to demonstrate a strong command of such vocabulary in English and some students can often struggle with this. The aims of this ECA are to help improve students' confidence and knowledge when using scientific vocabulary and provide an opportunity for students to benefit from small group learning with their science teacher.

Mahjong

Year groups: Y5-7 Instructors: Ms. Wu & Ms. Yang Values: Collaborative, Intellectually curious, Adaptable

Skills: Team work, game strategy, hand-eye coordination, decision making under pressure *Knowledge*: Mathematical & logical skills, cognitive & memory development, strategic & decision-making skills, social & emotional learning *Showcase*: Showcase match at the end of term

In this fun and strategic club, students will learn the basics of Mahjong, from tile recognition to winning combinations. Through gameplay, they'll develop critical thinking, probability skills, and teamwork. Sessions include friendly matches, strategy discussions, and mini-tournaments. Perfect for beginners and enthusiasts alike!



Speak for Success: Interview Skills & Panel Discussion

Year groups: Y5-8 Provider: CentreStage Studios Cost: HKD 280 per student per session Values: Confident, Intellectually curious, Collaborative Skills: Building confidence, courage and creativity; how to engage an audience through effective communication techniques and how to be a confident speaker and communicator.

Knowledge: How to research, improvisation techniques, preparing a personal statement and format of interviews. *Showcase*: Greater confidence in future school interviews; participating in Public Speaking LAMDA Examinations.

CentreStage believes in combining vocational and academic skills so that each child can reach their full potential. The Speak for Success programme offers premier training in a full range of areas, from soft skills development such as study skills, management and presentation skills, to boarding school and university preparation. Through debate, negotiation skills and the Harkness Method (used at top boarding schools in the UK & U.S.) students will explore a range of interesting topics and discuss them in a collaborative round- table discussion.

CREATIVE & PERFORMING ARTS

Chinese Arts & Crafts





Values: Confident, Independent, Intellectually curious *Skills:* Fine motor skills, cultural awareness, patience, problem-solving and teamwork. *Knowledge:* Festival traditions, craft techniques, material knowledge, and cultural history. *Showcase:* Displaying end products at school events and through interactive demonstrations.

Young learners will experience Chinese culture through engaging crafts like paper-cutting and knot-tying. Each session introduces new projects with cultural stories, developing fine motor skills, creative thinking, and cultural appreciation. The term culminates in an interactive exhibition where students demonstrate their creations and guide visitors through simple craft activities. Perfect for fostering artistic growth and cross-cultural understanding!

Choir (Senior)

Year groups: Y5-8 Provider: Aspire Music Cost: HKD 150 per student per session Values: Collaborative, Considerate, Confident Skills: Teamwork, cultural awareness and inclusivity, adaptability, creativity and expression, discipline and commitment, emotional intelligence. Knowledge: Music literacy, auditory skills, performance skills, vocal health and technique, ensemble singing tools like blending and harmony, music history, performance etiquette.

Showcase: Christmas concert, Spring concert and a video recording of their performance.



The WAS Choir is filled with a vibrant community of singers! This program is designed for students of all skill levels, providing a supportive and nurturing environment where you can develop your vocal abilities and musical knowledge. This choir ECA is more than just singing; it's a chance to connect with fellow music enthusiasts and embrace the joy of creating music together. Whether you've sung before or are just starting out, we can't wait for you to join our musical family!

DesignPlay in English (Senior)

Year groups: Y5-6 Provider: The Playhouse Cost: HKD 360 per student per session Values: Intellectually curious, Digitally literate, Confident

Values: Intellectually curious, Digitally literate, Confident Skills: Fine motor skills, creative problem solving, essential communication skills and design thinking competencies. *Knowledge:* Learning Art and Design fundamentals. Using works of art within the Art History canon as prompts to spark inspiration, ideate and innovate. Every class is aligned with Competency Based Learning (CBL) objectives, including design thinking, mix media prototyping and interactive discussion.

Showcase: Mini-exhibition at The Playhouse and school community days.

DesignPlay is a hands-on creative workshop where children explore art and design through open-ended projects. In this programme they will have the opportunity to develop their coordination and fine motor skills, creative problem-solving, and design thinking while working independently from concept to creation. By experimenting with materials and techniques, children build confidence, resilience, and a strong sense of ownership over their learning and creative expression.



Lego Model Building

Year groups: YI-2; Y5-8 Provider: Island Academy Cost: HKD 245 per student per session Values: Confident, Intellectually curious, Adaptable Skills: Organisation, patience, coordination and fine motor skills.

Knowledge: Theory of gears, design and model-making *Showcase*: Reviewing progress made throughout the term.

Visualisation of things can provide in-depth, continuous understanding towards science and mechanics. Through the production of various creativity with LEGO Electronic Kits, knowledge of different topics and mechanical concepts can be learnt with interactive learnings. Course topics are based on daily encounters, including transportation, sports, animals, gaming, dinosaurs, science facilities and more. Things that we see every day can be recreated using LEGO gear pieces, with the aid of motors.

K-Pop & Movement

Year groups: Y5-8 Instructor: Ms. Buendia Values: Confident, Adaptable, Collaborative Skills: confidence, discipline, agility, coordination, collaboration, communication, creativity, spatial awareness Knowledge: building blocks of dance and movement– posture & footwork, understanding rhythm, balance, body movement, flexibility, Kpop choreography girl and boy groups (e.g. BLACKPINK, Seventeen, TVVICE, BTS, etc.) Showcase: Playing at school events, school assemblies.

Students will build their confidence and discipline through developing their building blocks of dance and movement, learning different pieces of Kpop choreography throughout each session. They will enhance their coordination, body movement and collaboration skills in preparation for an assembly performance. Suitable for beginners and intermediates.



Orff Music Appreciation for Children

Year groups: YI-2 Instructor: Mrs. Zhou

Values: Confident, Considerate, Intellectually curious Skills: Teamwork, creativity, coordination, listening skills, confidence, problem-solving, emotional expression. Knowledge: Rhythm patterns, basic notation, instrument techniques (xylophones, percussion), singing melodies, musical storytelling.

Showcase: An interactive performance featuring ensemble playing.

This Orff music ECA for Y1–2 is a dynamic, play-based program where children explore rhythm, melody, and movement through xylophones, percussion, and singing. Students develop musical skills while fostering creativity, teamwork, and confidence. Through improvisation, composition, and ensemble play, they gain ownership of their learning. The term culminates in an interactive showcase celebrating their progress. Perfect for budding musicians to discover the joy of music!

Build AI to Learn AI

Year groups: Y7-8





Provider: ActiveKids Limited Cost: HKD 350 per student per session Values: Collaborative, Digitally literate, Intellectually curious Skills: Critical thinking, creativity, ethical awareness, and problem-solving skills. Knowledge: Al concepts, prompt engineering, character design, storytelling, and ethical considerations in Al use. Showcase: At the end of the term, students can present their Al beings through a showcase event. They will demonstrate their creations, explain their design choices, and articulate the

learning process to peers and parents, fostering a sense of accomplishment.

In the AI Being program, students will immerse themselves in the creation of personalized AI beings, exploring concepts of AI design, ethical use, and storytelling. Through hands-on activities and collaborative projects, they will develop critical skills while having fun. The program culminates in a showcase where students present their unique creations to the community.

Creative Storytelling: The Forbidden Forests

Year groups: Y1-2 Provider: Press Start Academy Cost: HKD 250 per student per session Values: Collaborative, iIntellectually curious, considerate Skills: Creative storytelling, creative writing, reading, problem-solving Knowledge: Vocabulary, grammar, sentence structures, with a focus on nature and animals Showcase: They will be writing simple stories that can be consolidated and exhibited at the end of the term.

The Forbidden Forests is an educational creative writing program in which students will embark on a literary adventure in the mystical Galica Forests, honing their creative writing skills as they search for elusive faeries. They will document their encounters, mastering sensory details and descriptive writing. The program focuses on developing vocabulary for environmental science & grammar, while providing opportunities for oral English practice through story sharing. Join us for an epic adventure that builds strong educational foundations in creative writing.

iSTEAM (Senior)

Year groups: Y5-8 Instructor: Mr. Janjua Values: Collaborative, Adaptable, Responsible Skills: Teamwork, and decision making. Knowledge: Building techniques, decomposition, logical reasoning, algorithmic thinking. Showcase: Presentations in assembly.



In this activity, pupils have the flexibility to build artefacts using their creativity, logical reasoning and imagination or to construct using virtual building and coding application like Minecraft Education. Students are always in teams learning to communicate and collaborate and solve a challenge. Students develop honesty and integrity as well as the value of helping others. They can also do courses in JavaScript and Python programming if they want to extend their learning.

Yoga

WELL-BEING & SERVICE

Year groups: Y5-8 Instructor: Ms. Leena Chandrashekhar Cost: HKD 250 per student per session Values: Responsible, Considerate, Confident Skills: Mindfulness and resilience Knowledge: Yoga asanas will help with flexibility and strength in the body. Breath-work will help to relax the mind, control unnecessary thoughts, focus and improve memory.

Showcase: Students can be yoga instructors at the school Community Day to demonstrate their progress.

Integrating yoga into students' lifestyles can significantly enhance their mental health and ability to cope with stress, contributing to improved academic performance. Yoga improves flexibility, posture, concentration, memory retention, and sleep quality while reducing stress levels. Regular practice of physical postures, controlled breathing techniques, and mindfulness exercises aids in maintaining focus, enhancing cognitive abilities, and creating a conducive environment for effective learning and academic success.

WEDNESDAY

SPORTS & ADVENTURE

Badminton (Junior)

Year groups: Y1-4 Instructor: Reynold Lee Cost: HKD 250 per student per session Values: Collaborative, Confident, Responsible

Skills: Improve cardiovascular fitness, muscles strength, flexibility, balance performance, agility and hand-eye-foot coordination of the pupils through badminton training and playing. Build team spirit through practicing and improving with teammates and introduce the importance of sportsmanship and determination – never give up through learning and training badminton.

Knowledge: Catching and throwing (for anticipation and interaction with shuttles), shuttle bounce (for "ball sense"), basic grips, strokes and the rules of the game.

Showcase: Shuttle Bounce allows students to showcase their "ball sense," hand-eye-foot coordination, and anticipation.

In this badminton ECA, pupils will participate in training drills to learn and practice various skills and techniques. Each session includes Shuttle Bounce, which helps pupils develop their "ball sense" and hand-eye-foot coordination. Participants will enhance their playing skills and knowledge in preparation for a Fixed Routine of serving and clearing. Suitable for beginners and intermediate players.

Football

Year groups: YI-8

Provider: Liverpool FC International Academy (Hong Kong)

Cost: HKD 180 per student per session

Values: Collaborative;Adaptable;Confident

Skills: Communication, Resilience, Teamwork, game strategy, hand-eye coordination, *Knowledge*: Dribbling, passing, receiving, shooting, unit collaboration, rules of the game *Showcase*: Parents will be invited to a friendly game so they can apply what students have learned in the training.

Football ECA provide students with a platform to develop individual playing skills, unit collaboration and knowledge suitable for beginners and intermediates level. Through the drills and games they can build a better communication skills, foster resilience and teamwork that can benefit them to face different challenges in the future.

Skateboarding (Levels I-2)

Year groups: Y1-6 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Collaborative, Confident, Independent Skills: Balance, endurance and stamina, adaptability, risk assessment, spatial awareness. Knowledge: Level I: Roll on flat ground without help, bail safely, tic-tac, crab walk, land my first flip trick, go up and fakie down a bank, 180 degree kick turn, pump on a bank/ quarter pipe, skateboard sandwich pick up, manual for 30cm. Level 2: Manual for 100cm, throw down to roll, brake with shoes or tail, drop in body varial, mongo push, fakie 180 turn, early grabs, coffin roll. Showcase: Skate Day, possibility of joining international and local competitions.

This skateboarding programme offers an alternative to traditional sports, with less focus on rules and competition and more on creativity and self-determination. Children are able to progress at their own pace, building motivation, discipline, and develop a positive mindset as they overcome challenges. Students build confidence, stay active, and develop skills they can enjoy in their own time.

Table Tennis

Year groups: Y5-8 Provider: ActiveKids Limited Cost: HKD 290 per student per session Values: Collaborative, Confident, Adaptable Skills: Agility, coordination, resilience, teamwork, and strategic thinking through practice and competition. Knowledge: Table Tennis techniques, rules of the

game, and effective strategies for play. Showcase: Exhibition Match to demonstrate skill progression over the term.

The Table Tennis Academy offers a fun and engaging environment for students of all ages, led by professional coaches dedicated to nurturing athletic potential. The program focuses on developing agility, strategy, and perseverance while fostering sportsmanship and a love for the sport. Classes include table tennis drills, fitness training, and regular tournaments to enhance skills and provide competitive experience.



ACADEMIC ENRICHMENT

Debate (Novice)

Year groups: Y5-6 Provider: Ms. Rae and Seechange Education Cost: HKD 300 per student per session Values: Collaborative, Confident, Responsible Skills: Decision-making, communication, research, ability to argue your point and quickly form rebuttals. Knowledge: Rules of a fair debate, preparation stages, knowledge about the topic. Showcase: Joining friendly competitions for practising.

The Debate ECA has 2 streams: Novice and Advanced.

The Novice Debate ECA invites students into a supportive space to grow their confidence, voice, and thinking skills. Through friendly debates, learners explore meaningful topics, practice public speaking, and work as a team. It's a great way for students—especially those who are shy—to express themselves, build self-esteem, and discover the power of their words. It is a good first step to joining Advanced Debate in the future.

EAL Club - Creative Writing Booster

Year groups: Y3-5 (Invitation Only) Instructor: Ms. Buck

Values: Independent, Intellectually curious, Confident Skills: Brainstorming, mind-mapping, writing techniques Knowledge: How to structure stories, develop plots and literary techniques.

Showcase: A collaborative story and display of our work at the end of the year.

In this lower English level creative writing class for EAL learners, students will engage in brainstorming techniques and structured writing exercises using visuals and prompts. They will enhance their storytelling skills while expanding their vocabulary, exposing them to different ideas from other students and English sentence structures, grammar, and punctuation. This supportive environment encourages creativity and ownership of their learning.

Future CEO

Year groups: Y6-8 Provider: Solomon Learning Limited Cost: HKD 200 per student per session Values: Confident, Independent, Responsible Skills: Critical thinking, problem-solving, communication, leadership, and decision-making skills. Knowledge: Foundational knowledge in personal finance, including budgeting and saving, understand basic entrepreneurship principles, explore various career paths, and learn introductory investment concepts.

Showcase: Elevator Pitch Competition for all "Future CEO Junior Club" at school where they can showcase their business idea in 60 seconds.

Future CEO Junior Club is an exclusive financial education programme at Wycombe Abbey School Hong Kong. It equips young minds with foundational skills in personal finance, entrepreneurship, and investments. Combining industry wisdom with an engaging curriculum, it prepares future leaders with the confidence and tools needed for success and lifelong happiness.

EAL Club - English Explorers

Year groups: Y2-4 (Invitation Only) Instructor: Ms. Tang

Values: Confident, independent, Adaptable Skills: Listening carefully and following instructions, speaking clearly and using full sentences, decoding words, thinking critically about sounds, patterns, and meanings. *Knowledge*: Letter sounds (phonemes) and sound combinations, blending, segmenting, more vocabulary and basic grammar.

Showcase: Students can demonstrate it through writing gallery (picture dictionaries, learned sounds poster, poems, charts, and sentence writing), mini book presentation, simple reflection sheet.

This activity supports students in developing their English skills by using the Cambridge Global English Curriculum combined with interactive materials from Monster Phonics; they will gain more confidence with their phonetic sounds (from single to digraphs), learn how to decode and break down words so they can read and pronounce unfamiliar words for younger learners. By building their confidence, they will be able to communicate and participate more. Their reading comprehension and inference abilities will be strengthened.





The Chess Academy Year groups: YI-6



Provider: ActiveKids Limited Cost: HKD 290 per student per session Values: Confident, Intellectually curious, Responsible Skills: Strategic thinking, patience, sportsmanship, and decision-making skills Knowledge: Rules of chess, opening strategies, tactics, and endgame techniques. Showcase: At the last session of the term, students will participate in a friendly tournament, allowing them to demonstrate their skills and compete against peers. The Chess Academy, Hong Kong's top chess program, is led by two Grand Masters and expert FIDE coaches. Focused on teaching international chess, it emphasises character building through sportsmanship, patience, and strategic thinking. Students enhance their spatial reasoning and confidence while participating in various competitions, from mini tournaments to larger interscholastic championships.

CREATIVE & PERFORMING ARTS

Art Club (Senior)

Year groups: Y5-8 Provider: Art Loop Cost: HKD 300 per student per session Values: Collaborative, Confident, Intellectually curious Skills: Critical thinking, creativity, cultural awareness, communication. Knowledge: Artistic techniques, colour theory, perspective, creative expression. Showcase: Presentations to parents, on display around school and at events.



Students will create and explore various artistic mediums, producing personalised artworks. However, the art presentations represent the ultimate outcome and essence of this course. Upon completing their projects, parents will be invited to attend the presentations, where students will introduce their creations and share their artistic journey. Students will explore art history and techniques, creating works using mediums such as clay, painting, photography, and sculpture. Their inspiration will be drawn from the studied artists and styles.

BallroomBees

Year groups: YI-3



Provider: BallroomBees Cost: HKD 250 per student per session Values: Collaboration, confidence, adaptability Skills: Physical coordination, balance, discipline, focus, commitment and perseverance. Knowledge: Ballroom and Latin foundational steps and technique, maintaining posture and frame, timing and rhythm, dance etiquette. Showcase: Parents are invited to the last class of the term for a showcase performance.

BallroomBees offers a unique program that uses core ballroom dancing principles and high-energy choreography to charttopping hits to keep students engaged and motivated. Through its carefully curated dance choreography and characterbuilding concepts, students will learn to explore and expand their movement potential.

Chinese Calligraphy

Year groups: Y2-4 Instructor: Mrs. Zhou Values: Confident, Responsible, Independent Skills: Patience, focus, fine motor control, cultural appreciation, and creativity. Knowledge: Basic strokes, structure, and techniques of Chinese calligraphy, as well as an appreciation of its history and cultural significance. Showcase: At the end of the term, students' progress will be showcased through a calligraphy

Showcase: At the end of the term, students' progress will be showcased through a calligraphy exhibition where they display their best work, along with a short reflection or presentation on what they've learned.

Students will explore the art of Chinese calligraphy, learning fundamental strokes, character structure, and brush techniques. Through guided practice and creative projects, they'll develop patience, focus, and cultural appreciation. The term will culminate in a showcase of their work, where they'll present their favourite pieces. Suitable for beginners and intermediate learners.





Drawing & Sketching Club

Year groups: Y1-6 Instructor: Ms. Stufflebeam Cost: Single Payment of HKD 100 for sketch book Values: Collaborative, Confident, Intellectually curious Skills: Creative thinking, attention to detail, communication, collaboration. Knowledge: Learning proportions, shading, different styles of art e.g. animated comics vs. realism, patience and perseverance. Showcase: Art Show and exhibitions.

This ECA offers pupils a creative space to explore different artistic techniques, express their ideas, and develop their fine motor skills through guided projects in preparation for a school displayed art exhibition. It encourages creativity, experimentation, and artistic growth. Suitable for beginners and intermediates.





Provider: Lorraine Lie and Pure Orchestra Cost: HKD 280 per student per session Values: Collaborative, Confident, Intellectually curious Skills: Teamwork, communication and active-listening, discipline and time management Knowledge: Ensemble skills, performance, instrumental techniques Showcase: Christmas concert/spring concert / assembly performances.

Strum, pick, and play together! Our Guitar /Ukulele Ensemble is your chance to learn guitar skills, make music with friends, and build confidence. Discover the joy of creating harmonies as a group – Develop rhythm, teamwork, and performance skills in a fun, supportive environment.

Stitch Academy

Year groups: Y1-8 Provider: The Flanders Tapestry Collection Cost: HKD 250 per student per session Values: Adaptable, Independent, Considerate Skills: Problem-solving skills, improved concentration, dexterity development, creative enhancement.





Knowledge: Methodical thinking, different stitches, threading a needle, working with templates and design graphics. *Showcase*: Exhibition of all students' work at Art Show and school Community Days

This course covers everything you need to know about creating hand stitched projects from start to finish. We will create wonderful patterns in beautiful textures, and they will be encouraged to unleash their creativity and create an exciting project that will demonstrate their personal skills.

Woodwind & Brass Ensemble

Year groups: Y5-8 Provider: Vivian Heung and Pure Orchestra Cost: HKD 280 per student per session Values: Collaborative, Confident, Intellectually curious Skills: Teamwork & Collaboration, communication and active listening, Discipline & Time Management. Knowledge: Advanced Instrument specific technique, Timbral blending and Balance, Ensemble Intonation and Tuning Systems, interpretation of wind band/chamber literature.

Showcase: Spring Concert, school community days.

Flutes, clarinets, saxes, trumpets, trombones, tubas – all welcome! Learn to blend distinct tones, balance power with finesse, and breathe life into exciting wind band music. Sharpen listening, tuning, and rhythmic precision while collaborating closely. Grow as a musician and performer. No prior ensemble experience required but you need to have at least a a year playing experiences on your instrument. Bring your enthusiasm!!





Year groups: YI-8

ISTEAM

BioChemAdventurer

Year groups: Y1-2 Provider: Big Bang Academy Cost: HKD 300 per student per session Values: Intellectually curious, Confident, Adaptable Skills: Problem-Solving, Creativity, Scientific Thinking Knowledge: Human Body, Properties of Chemistry, Science in Everyday Life Showcase: A show-and-tell with parents where students present mini-projects, such as visuals or prototypes, to highlight their creativity and problem-solving skills.

Dive deeper into biochemical science with fascinating experiments on material properties, sensory exploration, and advanced chemistry. Students will enjoy firsthand activities like building touch hand models, investigating density and neutralisation, and even crafting a teeth model. Perfect for junior scientists eager to explore and learn!

Engineering (Level I)

Year groups: Y1-3 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Intellectually curious, Responsible, Confident Skills: critical thinking, problem solving, creativity, innovation, teamwork, communication, inquiry based thinking, mathematical application, resilience, adaptability, independent learning, responsibility Knowledge: engineering principles, scientific method, mathematical concepts, measurement techniques, tool usage, data collection, data analysis, design thinking, experimental recording, result evaluation Showcase: The art that students create with generative AI can be consolidated and compiled into a mini art exhibition at the end of the term.

Our hands-on Engineering course uses real-world challenges to teach essential Maths and Science skills. Through discoverybased learning, students explore concepts, conduct experiments, and learn to adapt their methods. With playful designs and practical investigations, kids develop curiosity, confidence, and a positive attitude toward STEM, becoming active participants in their own learning journey. Perfect for young innovators!

Python for Young Leaders

Year groups: Y6-8 Provider: Voyager Education

Cost: HKD 275 per student per session

Values: Digitally literate, Adaptable, Independent

Skills: Problem-solving, analytical thinking, coding skills, creativity in project design, logical reasoning, understanding AI beyond the surface.

Knowledge: Fundamental coding concepts, variables, data types, and functions, and debugging techniques.

Showcase: Students' progress will be showcased at the end of the term through a dynamic science booth event. They will have the opportunity to display their mini coding projects.

This program invites students eager to develop coding skills as the first step toward understanding AI, using the Voyager platform with support from an AI coach and an experienced instructor. Students will dive into fundamental coding concepts through fun exercises, coding right away. Learning to code provides a crucial start in the age of AI, empowering them to be innovators, not just consumers of technology.



Robotics

Year groups: Y5-8
Provider: TLC Kids Hong Kong
Cost: HKD 320 per student per session, plus single purchase of their own mBot2 (approx 1500 HKD).
Values: Digitally literate, Intellectually curious, Adaptable
Skills: problem solving, digital literacy, logical reasoning, creativity, spatial awareness, programming, adaptability, design thinking, independent learning, analytical thinking.
Knowledge: Mechanical Engineering, Computer Science, Tool Use, Sensors and Motors, Logical reasoning, Electrical Engineering, Artificial Intelligence, Spatial Awareness, Construction and Fabrication.

Showcase: Robotics Showcase, school community days

Robotics is a multidisciplinary field that involves design, construction and programming. Students will design, construct, and program robots, unleashing their creativity and imagination. Alongside robotics and coding, students develop logical reasoning, spatial awareness, and collaboration skills. Join us on this fun and interactive adventure as we explore the wonders of building robots and solving puzzles together!

Students are required to have their own mBot2 (approx 1500 HKD) and a laptop (provided by school). TLC Kids can provide guidance to help families make a high-quality, one-time purchase for their robot.

Voyager Space Adventure

Year groups: Y3-6 Provider: Voyager Education Cost: HKD 275 per student per session Values: Intellectually curious, Collaborative, Confident Skills: Collaborative skills, presentation abilities, critical thinking, strong foundations in science, and exploration of captivating science concepts through hands-on experiments. Knowledge: Deepen their understanding of key scientific concepts, explore captivating physics concepts such as Newton's gravity, the formation of black holes, the speed of light, and the expansion of the universe, and launch water rockets.

Showcase: Students' progress can be showcased through a final presentation where they share their learning, hypotheses, and experimental results.

Students will engage in hands-on experiments and exciting activities centered around space science. They will explore captivating concepts like Newton's gravity, black holes, the nature of light, and rockets. Participants will develop collaborative skills and gain confidence in their presentation abilities, culminating in a science booth event or assembly where parents are invited to participate. Suitable for all levels of interest and experience!



THURSDAY

SPORTS & ADVENTURE

Basketball (Open)

Year groups: YI-4 Provider: Green & Grind Limited.

Venue: TBC - School Atrium or Wong Chuk Hang Sports Centre. Pick up at 16:15.

Cost: HKD 260 per student per session (Plus bus cost if at Wong Chuk Hang Sports Centre).

Values: Confident, Collaborative, Adaptable

Skills: Teamwork, discipline, focus, communication, resilience, grit, leadership, decision-making, problem-solving. *Knowledge*: Basic body movement, dribbling, shooting, passing, pivoting, rebounding, defending, moving without the basketball, rules and concepts of basketball.

Showcase: Our basketball ECA are suitable for beginners and intermediate players. Therefore, we are open to inviting students to showcase their skills at the community day via the skill challenge format, e.g. dribbling/shooting challenge.

Want your children to live an active and happy life? Join the basketball ECA and let our POSITIVE, PASSIONATE & PROFESSIONAL basketball coaches nurture your children's passion for basketball. Say goodbye to boring and repetitive training! And say hello to loads of fun, interactive and exciting fundamental games and drills! Sign up now.

Basketball (Team)

Year groups: Y4-8

Provider: Green & Grind Limited

Venue: TBC - School Atrium or Wong Chuk Hang Sports Centre. Pick up at 17:00.

Cost: HKD 360 per student per session (Plus bus cost if at Wong Chuk Hang Sports Centre). Values: Confident, Collaborative, Adaptable

Skills: Teamwork, discipline, focus, communication, resilience, grit, leadership, decision-making, problem-solving. *Knowledge*: Basic body movement, dribbling, shooting, passing, pivoting, rebounding, moving without the ball, rules and concepts of basketball, team offensive and defensive tactics.

Showcase: The U10 and U12 Basketball Teams will compete at inter-school basketball tournaments and/or friendlies to showcase their growth and progress.

Want your children to experience the joy and excitement of basketball? Join WAS U10 and U12 basketball teams! Our teams are looking for serious, passionate and committed players who are ready to grind and shine. Expect lots of intensive skill and tactical training and opportunities to compete at inter-school basketball tournaments and/or friendlies.

Please note this activity will finish later than usual ECA time. It may also be hosted off-site, pending venue confirmation. More information will be provided to parents of students who enrol throughout the summer holiday.

In-line skating (Levels 1-2)

Year groups: YI-4 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Confident, Collaborative, Independent



Skills: balance and coordination, resilience, teamwork, creativity, spatial awareness, endurance and stamina. Knowledge: Level I: Roll on flat ground without help, airplane turn, forward swizzle, side step, use my beginner brake, skate slalom without hitting cones, step over an obstacle, backward swizzle, standing crossover, roll on one foot for 30 cm. Level 2: Skate forwards to backwards, cross-over turn, one-foot fish slalom, wheelbarrow, spin stop, skate slalom backwards without hitting cones, jump over a 5cm tall obstacle, two-foot snake in a straight line for 50cm, training wheel, roll on one foot for 1 meter.

Showcase: Skate Day, possibility of joining international and local competitions.

This activity's unique, multi-level class format, led by professional skate coaches, is designed for continual progression. With a strong focus on creativity and self-determination, students stay engaged at their own pace. The positive ethos of action sports builds confidence and self-assurance, while promoting healthy, active lifestyles. Skills learned in class can be enjoyed and practiced beyond school hours.

Multi-Sports

Year groups: YI-4, Y7-8 Provider: ProActiv Sports (Sports4kids Ltd) Cost: HKD 250 per student per session Values: Confident, Adaptable, Responsible Skills: Coordination, balancing, sharing, following directions, emotional regulation. Knowledge: Movement basics, mini-games, equipment exploration and safety basics

Showcase: Community Day and presenting in assembly.

This fun, active program introduces toddlers and young children to fundamental movement skills through playful games, obstacle courses, and simple sports activities. Using soft equipment and age-appropriate drills, kids develop balance, coordination, and social skills like sharing and teamwork. With engaging themes (animal moves, colour games) and plenty of encouragement, little ones build confidence and a love for movement in a safe, joyful environment.

Tennis

Year groups: Y1-6, Y7-8 Provider: ProActiv Sports (Sports4kids Ltd) Cost: HKD 250 per student per session Values: Confident, Adaptable, Collaborative Skills: Gross motor development, listening Skills, patience, social play Knowledge: Basic motor skills, game rules, turn-taking, equipment use, body awareness Showcase: Community Day and presenting in assembly.



This tennis ECA focuses on developing fundamental skills like forehands, backhands, serves, and footwork under structured coach guidance. Students progress through drills tailored to their ability, learning technique, strategy, and match play. The coach provides individualised feedback to refine strokes and build consistency. Through practice and teamwork, students develop agility, sportsmanship, and confidence—both on and off the court.

ACADEMIC ENRICHMENT

Chinese Support Zone (Junior)

Year groups: YI-4 (Non-native and near-native students) Instructor: Mr. Lu

Values: Confident, Independent, Adaptable

Skills: Basic Chinese communication, independent learning skills

Knowledge: Reading, writing, comprehending *Showcase*: Digital Scrapbooks on Padlet, including video clips of progress (e.g., first-day vs. final recording); photos of completed tasks; "I Can" checklist.

This ECA is your friendly Chinese support zone! Through engaging games, interactive activities, and small-group coaching, we'll help you master essential vocabulary, sentence patterns, and daily conversation skills. Track your progress, build your confidence and improve your Chinese with encouraging checklists in our positive, low-pressure environment!

Maths Brain Busters

Year groups: Y7-8 Instructor: WASHK Teacher Values: Confident, Independent, Intellectually curious Skills: Basic Chinese Communication, Independent Learning skills Knowledge: Reading, Writing, Comprehending Showcase: Digital Scrapbooks on Padlet, including video clips of progress (e.g., first-day vs. final recording); photos of completed tasks; "I Can" checklist.

Designed for high-achieving mathematicians, this club offers advanced problem-solving tasks, logic puzzles, and competitive challenges to stretch your thinking. Dive into rich mathematical concepts, collaborate with peers, and prepare for competitions. Ideal for students who love tackling tough problems and pushing their mathematical limits. Come ready to think hard and have fun!



CREATIVE & PERFORMING ARTS

Art Club (Junior)

Year groups: Y1-4 Provider: Art Loop Cost: HKD 300 per student per session Values: Collaborative, Confident, Intellectually curious Skills: Critical thinking, creativity, cultural awareness, communication. Knowledge: Artistic techniques, colour theory, perspective, creative expression. Showcase: Presentations to parents and on display around school, at school events.

Students will create and explore various artistic mediums, producing personalised artworks. However, the art presentations represent the ultimate outcome and essence of this course. Upon completing their projects, parents will be invited to attend the presentations, where students will introduce their creations and share their artistic journey. Students will explore art history and techniques, creating works using mediums such as clay, painting, photography, and sculpture. Their inspiration will be drawn from the studied artists and styles. The program also includes art competitions and examinations, conducted seasonally, to evaluate and encourage their artistic progress.

Choir (Junior)

Year groups: Y2-4 Provider: Aspire Music Cost: HKD 150 per student per session Values: Collaborative, Considerate, Confident Skills: Teamwork, cultural awareness and inclusivity, adaptability, creativity and expression, discipline and commitment, emotional intelligence. Knowledge: Music literacy, auditory skills, performance skills, vocal health and technique, ensemble singing tools like blending and harmony, music history, performance etiquette. Showcase: Christmas concert. Spring concert and a video recording of

Showcase: Christmas concert, Spring concert and a video recording of their performance.

The WAS Choir is filled with a vibrant community of singers! This program is designed for students of all skill levels, providing a supportive and nurturing environment where you can develop your vocal abilities and musical knowledge. This choir ECA is more than just singing; it's a chance to connect with fellow music enthusiasts and embrace the joy of creating music together. Whether you've sung before or are just starting out, we can't wait for you to join our musical family!

Guzheng

Year groups: Y2-4 Instructor: Mrs. Zhou Values: Confident, Collaborative, Responsible Skills: Hand-eye coordination, musical creativity, discipline, focus, and cultural appreciation.

Knowledge: Basic plucking techniques, reading numbered musical notation, understanding traditional Chinese melodies, and proper posture and hand positioning.

Showcase: At the end of the term, students' progress will be showcased via a video compilation.

In this class, students will explore the beautiful sounds of the traditional Chinese zither. Through fun exercises and songs, they'll learn basic plucking techniques, musical notation, and classic melodies while developing rhythm, focus, and creativity. Perfect for beginners—no prior experience needed!

Students are required to have their own guzheng instrument. We can provide guidance to help families make a high-quality, onetime purchase for their instrument. Please contact the ECA Team.



Needle & Thread Club

Year groups: Y1-4 Instructor: WASHK Art teacher Cost: Single Payment of HKD 50 for materials. Values: Confident, Collaborative, Independent Skills: Hand-eye coordination, problem solving skills, research skills Knowledge: Fine motor skills, creativity, problem-solving, patience, following instructions. Showcase: Displaying end products at school events

Join our Needle and Thread Club, where creativity comes to life! In this fun and friendly space, you'll learn to sew, design, and create your own projects. Whether you're a beginner or have some experience, you'll discover new skills, make friends, and express your unique style through fabric and thread.





GarageBand Music Production Workshop

Year groups: Y7-8 Provider: Pure Orchestra Cost: HKD 330 per student per session Values: Confident, Digitally literate, Adaptable Skills: Creativity, technical literacy, project management, critical listening, attention to detail, problem-solving, and adaptability. Knowledge: Basic music theory, song writing, attention to music details, arranging, mixing. Showcase: Playback session: students present their finished tracks to an audience (peers,

In this ECA, pupils will be introduced to the fundamentals of music production using GarageBand, a beginner-friendly digital audio workstation (DAW). Students will learn essential techniques—including songwriting, beat making, MIDI programming, audio editing, and basic mixing—through hands-on exercises. Designed for beginners and intermediate learners, the course combines technical instruction with creative application, enabling pupils to produce a short musical project by the session's conclusion.

ISTEAM

parents, teachers).

BioTechnology 101

Year groups: Y7-8 Provider: Big Bang Academy Cost: HKD 300 per student per session Values: Confident, Intellectually curious, Adaptable Skills: Problem-Solving, Creativity, Scientific Thinking Knowledge: Organs and systems, chemical reactions, food science

Showcase: A show-and-tell with parents where students present mini-projects, such as visuals or prototypes, to highlight their creativity and problem-solving skills.

Discover the incredible world of microalgae in this hands-on course! Students will grow their microalgae in petri dishes, mastering key lab techniques through fun, interactive experiments. Learn the science behind these tiny green heroes and see how they capture carbon to fight climate change using nutrient tubes. Step into the role of a green scientist and ignite ideas for future research and development!

iSTEAM (Junior)

Year groups: YI-4 Instructor: Mr. Chan Values: Collaborative, Adaptable, Responsible Skills: Teamwork, and decision making Knowledge: Building techniques, decomposition, logical reasoning, algorithmic thinking. Showcase: Presentations in assembly.

In this activity, pupils have the flexibility to build artefacts using their creativity, logical reasoning and imagination or to construct using virtual building and coding application like Minecraft Education. Students are always in teams learning to communicate and collaborate and solve a challenge. Students develop honesty and integrity as well as the value of helping others. They can also do courses in JavaScript and Python programming if they want to extend their learning.









Creative Computing (Junior)

Year groups: Y1-3 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Collaborative, Digitally literate, Adaptable Skills: Digital literacy, innovation, creative thinking and design skills, problem-solving, critical thinking, collaboration, adaptability Knowledge: Image Editing, 3D modelling, programming, animation, music creation, simulations, A.I and neural networks, digital game based learning, game design, architecture Showcase: Coding Jam competition, where parents are invited to come and watch.

This computer skills program equips students with a solid foundation in ICT through exciting theme-based projects such as animation, 3D modelling, music creation, and AI. Students engage with real-world tech trends, develop original ideas, strengthen their problem solving and collaboration skills, and receive access to software so they can continue learning at home - empowering them to thrive in today's digital world.

WELL-BEING & SERVICE

The Happiness Hub

Year groups: YI-4 Instructor: WASHK Teacher Values: Responsible, Considerate, Collaborative Skills: Calming Methods, Mindfulness and Relaxation techniques Knowledge: How our brains work, how we can destress, the importance of prioritising mental health. Showcase: No Showcase as such, just ongoing calmness and confidence with mindfulness strategies.

Step into a calm and joyful space designed to support your well-being! The room is divided into relaxing zones with activities like mindful colouring, sensory play, quiet reading, and gentle movement. Children can explore at their own pace, unwind after a busy day, and enjoy peaceful moments with friends in a nurturing environment.



FRIDAY

SPORTS & ADVENTURE

Gymnastics (Open)

Year groups: YI-6 Provider: ProActiv Sports (Sports4kids Ltd) Venue: Cyberport. **Pick Up is from this venue at 16:15.** Cost: HKD 250 per student per session (plus bus fee added later) Values: Confident, Adaptable, Responsible Skills: Coordination, balance, space awareness, flexibility, strength Knowledge: Different jumps and body shapes, floor skills (forward and backward roll, cartwheel, handstand), beam skills, vault and trampoline jumps. Showcase: Christmas show and friendly competitions for Open ECA, tournaments and competitions for Team ECA.

The Open session welcome all abilities, including those who would like to try gymnastics for the first time. It offers students a fun and engaging environment to develop strength, flexibility, and coordination through artistic gymnastics. The program is designed to promote physical fitness while encouraging creativity and personal growth.

Gymnastics (Team)

Year groups: YI-6 Provider: ProActiv Sports (Sports4kids Ltd) Venue: Cyberport. **Pick Up is from this venue at 17:30.** Cost: HKD 400 per student per session (plus bus fee added later) Values: Confident, Adaptable, Responsible Skills: Coordination, balance, space awareness, flexibility, strength Knowledge: Different jumps and body shapes, floor skills (forward and backward roll, cartwheel, handstand), beam skills, vault and trampoline jumps.

Showcase: Christmas show and friendly competitions for Open ECA, tournaments and competitions for Team ECA.

The Gymnastics Team is a dedicated group of athletes committed to excellence in artistic gymnastics. Through rigorous training and teamwork, they develop strength, flexibility, and precision. The team competes at various levels, showcasing their skills in routines on different apparatus, fostering discipline, confidence, and sportsmanship among its members.

Please note the different times and costs for Open and Team Gymnastics.

In-line skating (Level 3)

Year groups: YI-6 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Confident, Collaborative, Independent Skills: Balance and coordination, resilience, teamwork, creativity, spatial awareness, endurance and stamina Knowledge: Level 3: Two-foot fish slalom, parallel turn, fakie parallel turn, heel-toe for I metre, T-Stop, two-foot snake slalom, mohawk, jump over a 10cm obstacle, touch my skate when I jump, 180 in, 180 out.

This activity's unique, multi-level class format, led by professional skate coaches, is designed for continual progression. With a strong focus on creativity and self-determination, students stay engaged at their own pace. The positive ethos of action sports builds confidence and self-assurance, while promoting healthy, active lifestyles. Skills learned in class can be enjoyed and practiced beyond school hours.





Indoor Wall Climbing (Junior)

Year groups: YI-4 Provider: Attic V Limited Cost: HKD 350 per student per session Values: Confident, Independent, Adaptable



Skills: Overcome challenges & fear, improve strength, balance & hand-eye coordination, focus and concentration, help setting and achieving goals, enhances problem-solving skills.

Knowledge: Necessary safety precaution when climbing, proper falling techniques, displacing the body's centre of mass, route-planning, different climbing techniques including tip toes foot placement, switch feet, smearing, drop knee. *Showcase*: Students can join the inter-school competition organised by Hong Kong, China Mountaineering and Climbing Union in early 2026.

The program is designed and led by a Former HK climbing team member and the HK Youth Team climbing coach of China Hong Kong Mountaineering and Climbing Union (CHKMCU). This course involves full body conditioning and technique acquisition through rope climbing and bouldering. The kids will learn a variety of skills to improve their climbing; this could cover footwork, body position, dynamic climbing, and the list goes on! Climbing is an excellent sport for children as it is a mental challenge as well as a physical one. It help kids grow and learn far beyond the climbing wall.

Netball (Open)

Year groups: Y3-8 (Some exemptions from Core Sports are allowed for Team players to join contact ECA Team)

Instructor: Ms. Barlett *Values:* Collaborative, Confident, Adaptable *Skills:* Teamwork, adapting to different positions, leadership by supporting teammates.

Knowledge: Game rules, tactics and strategies, footwork, situational awareness, coordination, shooting, ball skills. *Showcase*: An Under-9s and Under-11s tournament that we take part in.

The Netball ECA has 2 streams: Open and Team. The Open session welcome players of all abilities, including those who would like to try the sport. Through weekly practices, participants will learn fundamental skills such as passing, shooting, game structure and defensive strategies. Joining our Netball ECA not only enhances physical fitness but also fosters teamwork, positive communication, and resilience - valuable life skills that extend beyond the court.

Skateboarding (Level 3)

Year groups: Y1-6 Provider: TLC Kids Hong Kong Cost: HKD 200 per student per session Values: Collaborative, Confident, Independent Skills: Balance, endurance and stamina, adaptability, teamwork, risk assessment, spatial awareness Knowledge: Manual for 200cm, ollie over 2cm, switch push, nose manual 30 cm, nose stall, tail stall, 50-50 stall, hippie jumps, 360 pivot (nose to tail), know how to play a game of S.K.A.T.E

Showcase: Skate Day, possibility of joining international and local competitions.

This skateboarding programme offers an alternative to traditional sports, with less focus on rules and competition and more on creativity and self-determination. Children are able to progress at their own pace, building motivation, discipline, and develop a positive mindset as they overcome challenges. Students build confidence, stay active, and develop skills they can enjoy in their own time. Suitable for beginners.

SNAG Golf

Year groups: Y1-6
Provider: Five-Star Sports Hong Kong Limited
Cost: HKD 350 per student per session
Values: Responsible, Confident, Independent
Skills: Hand-eye coordination, character & confidence building, participating & contributing, managing self.
Knowledge: Full swing, chipping, putting, rules of golf, use of different clubs
Showcase: Invitation for SNAG golfers to visit the Five-Star Sports facility located at Olympic to progress to real golf at our driving range.

SNAG (Start New At Golf) is an improvised format for golf with enlarged equipment and improvised balls. SNAG golf is highly engaging with it's bright colour scheme, ease of use and rate of success. SNAG equipment is designed specifically for primary students, but the same fundamental skills are applicable through all instruction. All our coaches are PGA Certified and will bring their skills and expertise to further work on students' golf fundamentals. Through our curriculum, we will also help to grow each student's golf knowledge and develop their confidence and character.

ACADEMIC ENRICHMENT

Battle of the Books (Chinese)

Year groups: Y4-6 (Native Chinese Speakers) (Invitation Only)
Instructors: Ms. Wu & Ms. Yang
Cost: Single Payment of HKD 100 for books.
Values: Collaborative, Confident, Intellectually curious
Skills: Reading comprehension, teamwork, stress management, and communication
Knowledge: Chinese Literature, Cultural Insights, Vocabulary & Idioms, Critical Analysis,
Discussion & Debate.
Showcase: Participation in the Battle of Books competition with other schools in Hong Kong.

This exclusive literary program immerses students in works by Chinese and international authors, exposing them to diverse writing styles while cultivating independent reading, critical thinking, and analytical skills. Through text discussions and preparation for the inter-school "Battle of Books" competition, students enhance their communication abilities and teamwork. The club also serves as a cultural exploration platform. In Term 2, students will compete against other Hong Kong schools in the competition, with parents invited to attend this event.

Public Speaking

Year groups: Y4-6 Provider: CentreStage Studios Cost: HKD 280 per student per session Values: Collaborative, Confident, Adaptable Skills: Confidence, courage and creativity through the spoken word. To become engaging speakers and communicators. Knowledge: Students will have the chance to influence their peers and make an impact by communication their ideas in an organised and coherent manner, while having the confidence to effectively justify their views to others. Showcase: Speaking in Public LAMDA Examination, open classes, termly showcase opportunities.

Want to get ahead? Want to know how to influence and motivate a group? Want an edge on the competition? The CentreStage Studios HK Public Speaking course is guaranteed to build students' confidence and will promote courage and conviction when speaking in public. The course coaches students to develop and hone the necessary oral communication and written skills for public presentations, debating skills, interview techniques and promotes courage and conviction when delivering speeches to an audience.

Name: Science Adventures (Junior)

Year groups: Y1-3 Provider: ActiveKids Limited Cost: HKD 290 per student per session Values: Collaborative, Confident, Intellectually curious Skills: Critical thinking and problem-solving skills through hands-on experiments. Knowledge: Scientific concepts across disciplines such as physics, chemistry, life science, earth science, space and flight and environmental science. Showcase: Reflection upon completion of the unit.

Science Adventures is an internationally accredited program with over 35 years of experience, introducing children to science in a fun, imaginative way. Emphasising "learn-by-doing," it fosters creativity and curiosity through hands-on experiments and interactive learning. Weekly thematic classes cover various science disciplines, ensuring students take home exciting projects while developing science literacy and environmental awareness.







CREATIVE & PERFORMING ARTS

Chinese Arts & Crafts (Junior)

Year groups: YI-4 Instructor: Ms. C. Wang Values: Confident, Independent, Intellectually curious Skills: Fine motor skills, creativity, cultural awareness, patience, problem-solving and teamwork. Knowledge: Symbolism, festival traditions, craft techniques, material knowledge, and cultural history. Showcase: Displaying end products at school events and through interactive demonstrations.



Young learners will experience Chinese culture through engaging crafts like paper-cutting and knot-tying. Each session introduces new projects with cultural stories, developing fine motor skills, creative thinking, and cultural appreciation. The term culminates in an interactive exhibition where students demonstrate their creations and guide visitors through simple craft activities. Perfect for fostering artistic growth and cross-cultural understanding!

DesignPlay in English (Junior) Year groups: YI-3



Provider: The Playhouse Cost: 360 HKD per student per session Values: Intellectually curious, Digitally literate, Confident Skills: Fine motor skills, creative problem solving, essential communication skills and design thinking competencies. Knowledge: Learning Art and Design fundamentals. Using works of art within the Art History canon as prompts to spark inspiration, ideate and innovate. Every class is aligned with Competency Based Learning (CBL) objectives, including design thinking, mix media prototyping and interactive discussion.

Showcase: Mini-exhibition at The Playhouse and school community days.

DesignPlay is a hands-on creative workshop where children explore art and design through open-ended projects. In this programme they will have the opportunity to develop their coordination and fine motor skills, creative problem-solving, and design thinking while working independently from concept to creation. By experimenting with materials and techniques, children build confidence, resilience, and a strong sense of ownership over their learning and creative expression.

Knit and Knatter

Year groups: Y3-6 Instructor: Ms. Kwok tor skills.

Cost: Single Payment of HKD 70 for knitting materials Values: Adaptable, Independent, Collaborative Skills: Problem-solving, teamwork, resilience and patience, coordination and fine motor skills. Knowledge: Basic stitches, advanced technique, tool knowledge, reading patterns and safety. Showcase: Displaying our final project in school and providing updates in our school newsletter.

Knit and Knatter is a creative and relaxing ECA where students learn the art of knitting using needles. Students can create handmade items including pillows and scarves, while developing fine motor skills, patience, and collaborative skills. The ECA also encourages social interaction and independent project work in a supportive, hands-on environment. Suitable for all levels of knitters.

Stormy Chef Year groups: YI-6



Provider: ActiveKids Limited Cost: HKD 290 per student per session Values: Collaborative, Responsible, Considerate Skills: Teamwork, decision-making, time management, and creativity. Knowledge: Healthy eating, cooking techniques, and sustainable food practices. Showcase: Producing meals and snacks to take home, School Community Day

Stormy Chefs encourages children to make informed food choices while promoting sustainability. Through hands-on cooking, students learn about healthy, environmentally friendly diets, including local and seasonal foods. The curriculum includes diverse, child-friendly recipes, enhancing culinary skills and fostering creativity. Students not only enjoy cooking but also contribute positively to the planet by reducing waste and using sustainable practices.

Wycombe Youth Theatre - Musical Theatre

Year groups: YI-4 Provider: CentreStage Studios Cost: HKD 280 per student per session Values: Collaborative, Confident, Responsible Skills: Teamwork, skills in acting, singing and dance Knowledge: The casting and audition steps, popular musical theatre productions, directors, composers and choreographers. Showcase: Termly performance opportunities and school community days and shows.



Act, Sing & Dance! Elevate your child's love for performance with our "Wycombe Youth Theatre" – a captivating ECA course tailored for our Young Performers. Led by seasoned professionals, this workshop is a vibrant fusion of singing, dancing, and acting, cultivating a well-rounded musical theatre experience. Participants explore iconic numbers, hone vocal skills, and master choreography, all while fostering teamwork and self-expression. Whether they dream of Broadway or just love the stage, our Musical Theatre ECA promises a fun and enriching journey. Join us and watch your child's confidence soar as they take centre stage in this unforgettable exploration of the magical world of musical theatre!

ISTEAM

Al and Creative Writing: The Prince of Har

Year groups: Y3-5 Provider: Press Start Academy Cost: HKD 300 per student per session Values: Digitally literate, intellectually curious, responsible Skills: Generative AI, creative writing, creative storytelling, creative problem-solving Knowledge: Generative AI, prompt writing, prompt engineering, fair and ethical use of AI Showcase: The art that students create with generative AI can be consolidated and compiled into a mini art exhibition at the

end of the term.

Ready to pioneer the future with AI art? Strap on your adventure gear and prepare for an artistic quest like no other! Filled with puzzles, treasures, and creative problem-solving! In the Prince of Har, students will develop skills using the AI art tool *Midjourney* and express themselves through creative writing. It's a unique blend of technology and art, encouraging innovation for the world of tomorrow!

PARTNERS





WYCOMBE ABBEY SCHOOL

HONG KONG





CONTACT

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WYCOMBE ABBEY SCHOOL HONG KONG 香港威雅學校